

SPRING/SUMMER 2021 PABSC COVID-19 PRECAUTIONS

PABSC has worked with the Wood County Health Department to create a plan for spring/summer 2021 which follows the most up-to-date state of Ohio COVID-19 orders and recommendations. These precautions must be followed at all times. Teams/individuals not following precautions will jeopardize their ability to participate with the organization.

This plan will be reviewed adjusted as needed based on most current regulations.

Parent Education and Player/Coach Assessment

- ****Do not attend practice if you are having any symptoms or have been asked to quarantine or isolate based on the CDC guidelines. This is for the health and safety of all people involved with the organization.****
- If your player tests positive for COVID-19, has any symptoms, or has been asked to quarantine, please contact the COVID-19 Compliance Officer for instructions. We follow the state order/AAC guidelines for return to play for positive cases and the CDC guidance for quarantined individuals. A guideline for return is on page 2 of this plan. PABSC will work with players/parents/coaches on planning a return date.
- We do not track minutes of contact – if one player/coach/parent helper on a team is positive or presumed positive, the full team will be asked to quarantine.
- Every day a player or coach is scheduled to be at a practice/game, an electronic assessment will be completed. The assessment will be emailed 6 hours prior to start. A PABSC rep will follow up with families if the questions on the assessment indicate they should not attend the practice/game. We choose to do an electronic assessment because it helps to get the assessment questions answered and followed up on, if needed, as well as serves a purpose with attendance/tracking in case contact tracing is required.
- All coaches and parents have received the state's mandatory COVID training and education when registering.

Equipment/Field

- Each player will need their own equipment (helmet, bat, glove), as sharing equipment is not allowed.
- The dugout area will be limited to only players and coaches and should be used minimally. The bleachers next to the dugouts will also be used as part of the dugout area to allow coaches/players additional space to promote social distancing.
- Each player/coach should have their own water bottle/beverage. There will be no shared water coolers or shared drinking stations. There should also be no shared food.
- Players/coaches should perform hand hygiene as needed.
- Coaches must wear face coverings at times where 6-foot distancing is not possible.
- Players must wear face coverings when not on the field/dugout. This includes walking to/from the parking lot or walking to the restrooms. Face coverings may be removed once in the dugout.
- Coaches and players must adhere to physical 6-foot distancing when possible.
- Avoid congregating by the fields or parking lot before or after practices or games.

Practice-Specific Guidelines

- Players should be dropped off for practices – players should walk to the field from the car independently. No parents/family members/spectators should be at the fields for practices. If you choose to stay until practice is over, please wait in your car during the practice.

Game-Specific Guidelines

- Spectators must wear a face covering at all times in common areas and when not able to maintain 6-foot distancing.
- Spectators are encouraged to bring a chair. Seating will not be in the bleachers on most fields, as the bleachers are being used as extra dugout space for players. Most seating will be surrounding the field in marked areas. Families should sit together in the marked areas which allow for 6-foot distancing between families.

GUIDANCE FOR RETURN FOLLOWING A POSITIVE COVID-19 TEST OR QUARANTINE

If your player tests positive for COVID-19, has any symptoms, or has been asked to quarantine, please contact the COVID-19 Compliance Officer ASAP for additional instructions. We follow the state order/AAC guidelines for return to play for positive cases and the CDC guidance for quarantined individuals and positive coaches. Each return will be individualized based on each case and the below guidelines.

Return Guidance for Quarantined Individuals

- If a player/coach has been asked to quarantine due to any exposure to a COVID-19 positive individual, they may return 14 days after the last exposure to the infectious person as long as they have remained symptom free.

Return Guidance for COVID-19 Positive or Presumptive Positive - Coach

- Coaches do not require any special cardiac protocols per the state order and may return when their normal isolation period is complete.
- Return follows a time/symptom-based approach
 - 10 days following symptom onset AND at least 24 hours have passed since symptom resolution without the use of fever-reducing medications AND other symptoms have improved.

Return Guidance for COVID-19 Positive or Presumptive Positive - Player

- Return to play guidelines for players are based on severity of symptoms per the [AAC guidelines](#). Follow up with PABSC's COVID Compliance Officer when your player tests positive to determine when they may return to play and if they will require any medical practitioner clearance.
- **Asymptomatic or Mild Symptoms (no fever; <3 days of symptoms)**
 - Return to play after being asymptomatic for 14 days
- **Moderate Symptoms (prolonger fevers and bedrest; no hospitalization; no abnormal cardiac testing)**
 - Return to play for players <12 years old after being asymptomatic for 14 days
 - Return to play for players ≥12 years old after being asymptomatic for 14 days and clearance from medical practitioner stating player has cardiac clearance to return (cannot just be a general note – must specify cardiac clearance)
- **Severe Symptoms (hospitalization; abnormal cardiac testing)**
 - Return to play for players ≥12 years old after being asymptomatic for 14 days and clearance from medical practitioner stating player has cardiac clearance to return (cannot just be a general note – must specify cardiac clearance)